

# ANDROGEN EXCESS & PCOS SOCIETY



**7<sup>th</sup> ANNUAL MEETING**  
Embassy Suites DC Convention Center,  
Washington, DC, USA  
June 9<sup>th</sup>, 2009



Embassy Suites Convention Center Hotel,  
900 10th Street NW, Washington, DC, USA 20001

# PROGRAM



Time	Speaker	Topic
7:30 – 8:15 am	<i>Registration</i>	
8:10 – 8:20 am	<b>Welcome</b>	<b>Daniel Dumesic &amp; John Nestler</b>
8:20 – 9:00 am	<i>Session: PCOS and Insulin Resistance</i>	<i>Chair: Roger Lobo</i>
8:20 – 8:50 am	<b>Richard Bergman, Ph.D.</b> <i>Department of Physiology &amp; Biophysics, University of Southern California Los Angeles, CA, USA</i>	<b>INSULIN RESISTANCE AND ITS PRESENCE IN PCOS</b>
8:50 – 9:00 am	<b>Q&amp;A</b>	
9:00 – 10:00 am	<i>Session: Glucose Intolerance in PCOS</i>	<i>Chair: John Nestler</i>
9:00 – 9:20 am	<b>Jana Vrbikova, M.D.</b> <i>Institute of Endocrinology University of Prague Prague, Czech Republic</i>	<b>GLUCOSE INTOLERANCE IN PCOS AND ITS VARIATION IN VARIOUS ETHNIC/RACIAL GROUPS</b>
9:20 – 9:40 am	<b>Edmond Wickham, M.D.</b> <i>Department of Medicine, Virginia Commonwealth University Richmond, VA, USA</i>	<b>CAN GLUCOSE INTOLERANCE BE PREVENTED IN PCOS?</b>
9:40 – 10:00 am	<b>Q&amp;A</b>	
10:00 – 10:30 am	<b>COFFEE BREAK</b>	
10:30 – 11:30 am	<i>Session: CV Disease in PCOS</i>	<i>Chair: Robert Wild</i>
10:30 – 10:50 am	<b>Harpal Randeva, M.D.</b> <i>Biomedical Research Institute, University of Warwick, Coventry, UK</i>	<b>METABOLIC SYNDROME IN PCOS</b>
10:50 – 11:10 am	<b>Caren G. Solomon, M.D.</b> <i>Deputy Editor, New England Journal of Medicine, Department of Medicine Harvard Medical School, Boston, MA, USA</i>	<b>CV OUTCOMES IN PCOS</b>
11:10 – 11:30 am	<b>Q&amp;A</b>	

11:30 – 12:20 pm	<b>Session: Oral Communications 1 – Basic</b>	<b>Chair: Hector Escobar-Morreale</b>
11:30 – 11:40 am	<b>Frank Gonzalez, M.D.</b> <i>Department of Obstetrics and Gynecology Mayo Clinic Rochester, MN, USA</i>	<b>INSULIN SENSITIVITY AND HYPERANDROGENISM IN PCOS ARE RELATED TO INCREASED LIPOPOLYSACCHARIDE- STIMULATED TNF-alpha RELEASE FROM MONONUCLEAR CELLS</b>
11:40 – 11:50 am	<b>Alessandra Gambineri, M.D.</b> <i>Department of Endocrinology, University of Bologna, Bologna, Italy</i>	<b>TISSUE-SPECIFIC DYSREGULATION OF 11BETA-HYDROXYSTEROID DEHYDROGENASE TYPE 1 IN PCOS</b>
11:50 am – 12:00 pm	<b>Julia Johansson, M.Sc.</b> <i>Institute of Neuroscience and Physiology University of Goteborg Goteborg, Sweden</i>	<b>INTENSE LOW FREQUENCY ELECTRO- ACUPUNCTURE IMPROVES INSULIN SENSITIVITY AND LIPID PROFILE IN FEMALE RATS WITH DHT INDUCED PCOS</b>
12:00 – 12:10 pm	<b>Samantha Hutchinson, MBBS</b> <i>Jean Hailes Foundation Research Group Monash University Melbourne, Australia</i>	<b>EFFECT OF ENDURANCE EXERCISE ON MITOCHONDRIAL FUNCTION IN PCOS</b>
12:10 – 12:30 pm	<b>Q&amp;A</b>	
12:30 – 1:00 pm	<b>Session: PCOS and sleep apnea</b>	<b>Chair: Jeff Chang</b>
12:30 – 12:50 pm	<b>David Ehrmann, M.D.</b> <i>Department of Medicine University of Chicago, Chicago, IL, USA</i>	<b>SLEEP APNEA AND PCOS: THE INSULIN RESISTANCE CONNECTION</b>
12:50 – 1:00 pm	<b>Q&amp;A</b>	
1:00 - 2:00 pm	<b>LUNCH</b>	
2:00 - 2:40 pm	<b>Session: Oral Communications 2-Clinical</b>	<b>Chair: Ann Brown</b>
2:00 – 2:10 pm	<b>Cecilia Bonin, M.D.</b> <i>Department of Obstetrics and Gynecology Ospedale Maggiore Verona, Italy</i>	<b>INSULIN RESISTANCE IS ASSOCIATED WITH HYPERANDROGENISM AND OLIGO- ANOVULATION, BUT NOT WITH THE ULTRASONOGRAPHIC FEATURES OF THE OVARIES, IN WOMEN WITH PCOS</b>
2:10 - 2:20 pm	<b>Kai Ian Cheang,</b> <i>Department of Pharmacy Virginia Commonwealth University Richmond, VA, USA</i>	<b>METABOLIC EFFECTS OF AN ORAL CONTRACEPTIVE IN WOMEN WITH PCOS, COMPARED TO LEAN AND OBESE NORMAL WOMEN</b>
2:20 – 2:30 pm	<b>Q&amp;A</b>	

<b>2:40 – 3:40 pm</b>	<b>Session: Special AEPCOS reports</b>	<b>Chair: Daniel Dumesic</b>
<b>2:40 – 2:55 pm</b>	<b>Jie Qiao, M.D.</b> <i>Department of Obstetrics and Gynecology, Peking University Third Hospital, Beijing, China</i>	<b>SPECIAL PROBLEMS IN DIAGNOSIS AND TREATMENT OF PCOS IN ASIA: CONCLUSIONS OF HONG KONG UPDATE MEETING</b>
<b>2:55 – 3:10 pm</b>	<b>Selma Witchel, M.D.</b> <i>Children's Hospital of Pittsburgh of UPMC, University of Pittsburgh, Pittsburgh, PA, USA</i>	<b>LONG TERM MEDICAL CARE IN CONGENITAL ADRENAL HYPERPLASIA: CONCLUSIONS OF THE AEPCOS COMMITTEE</b>
<b>3:10 – 3:25 pm</b>	<b>Evelyn Talbott, Dr P.H., M.P.H.</b> <i>Department of Epidemiology, University of Pittsburgh, Pittsburgh, PA, USA</i>	<b>SYSTEMATIC REVIEW OF CVD IN PCOS: CONCLUSIONS OF THE AEPCOS COMMITTEE</b>
<b>3:25 – 3:40 pm</b>	<b>Q&amp;A</b>	
<b>3:40 – 4:30 pm</b>	<b>BREAK &amp; POSTER SESSION</b>	
<b>4:30 – 5:30 pm</b>	<b>Debate session: Metabolic effects in PCOS: OCP vs insulin sensitizer</b>	<b>Chair: Walter Futterweit</b>
<b>4:30 – 4:50 pm</b>	<b>Alessandra Gambineri, M.D.</b> <i>Department of Endocrinology, University of Bologna, Bologna, Italy</i>	<b>OCP</b>
<b>4:50 – 5:10 pm</b>	<b>Jean Patrice Baillargeon, M.D.</b> <i>Department of Endocrinology, University of Sherbrooke, Sherbrooke, Canada</i>	<b>INSULIN SENSITIZER</b>
<b>5:10 – 5:30 pm</b>	<b>Interactive discussion</b>	
<b>5:30 – 6:30 pm</b>	<b>BUSINESS MEETING</b>	